A FUN FAMILY CHALLENGE IN THE PENTLAND HILLS **5 NILE S** 19TH SEPTEMBER 2015 pentlandpush.com or call 0131 551 1381



IN ASSOCIATION WITH



St Columba's Hospice is a registered charity. (Registered in Scotland No. 48700). Charity No. SC003634.



Surrounded by the beautiful rolling Pentlands, the Nudge provides friends and family with 5 miles of pure entertainment.

Registration:

£25 per Nudger (adults and children)

Registration fee for The Nudge includes a t-shirt, medal, goody bag, cooked meal, refreshments, entertainment and parking. To guarantee your Nudge t-shirt register by 4th September 2015.

For more information go to pentlandpush.com or call 0131 551 1381

